

**FACIAL SERVICES**

**custom focus** (60 mins.)

Restore healthy balance to your skin with a facial tailored to your needs, including customized skincare, masque, essential oil aromas & facial massage. \$70.00

**botanical skin resurfacing** (90 mins.)

AVEDA's innovative alternative to microdermabrasion, harnesses the power of tourmaline with a hands-on approach, to smooth skin texture, reduce fine lines, diminish pore size and increase radiance. \$100.00  
 - a series of 3 treatments.....\$260.00

**Green Science Skin Renewing treatment** (90 mins.)

An AVEDA Exclusive, harnesses powerful plant technology & combines it with 'high touch' skin therapy, to help renew, repair & regenerate your skin. Clinically proven to lift & firm, reduce fine lines and wrinkles, improve smoothness, tone & clarity, while reducing the appearance of age spots. We recommend a series of 4 weekly treatments, followed by monthly maintenance.  
 one treatment.....\$140.00  
 a series of 3 treatments.....\$390.00

**Perfecting Plant Peel** (30 mins.)

Our thermal masque actively smooths & retextures your skin with the instant exfoliation & radiance benefits, of a '30% glycolic peel', without the redness & irritation. Experience smooth, refined & even-toned skin, that looks perfected by nature.  
 one treatment.....\$80.00  
 -added on to a facial.....+60.00

**Enbrightenment treatment**

This facial combines high-tech plant technology, with a high-touch service to maximize the benefits of new Enbrightenment™ Brightening Skin Care. Experience a 34% reduction in appearance of discoloration & dark spots and 52% improvement in visible clarity.  
 New massage and application methods inspired by traditional Asian techniques, support healthy skin function achieving an evening of skin tone and overall luminosity. The 90 minute treatment includes a signature reflexology treatment for overall relaxation.  
 90 min. treatment.....\$140.00  
 treatment w/plant peel.....\$190.00

**revitalizing eye treatment** (15 mins.)

Let us soothe, cool & refresh tired eyes with gentle massage, cool stones & moisturizing eye formulas while reducing puffiness & fine lines. +\$25.00

**HANDS & FEET**

Experience customized care for your hands and feet. Rejuvenating service includes proper maintenance and grooming of nails and cuticles, personalized massage, exfoliation & masque. A clear or color coat of polish may be included, upon request.

- hand relieving treatment (45 mins.) \$40.00
- foot relieving treatment (45 mins.) \$50.00

**Caribbean Therapy**

A special exfoliating paste & warm seaweed masque combined with caribbean massage techniques will smooth & soften, relax & renew.

**Chakra Balancing**

Experience our new chakra pure blends combined with healing touch to bring your center of energy back into balance.  
 hand relieving treatment (45 mins.) \$45.00  
 foot relieving treatment (45 mins.) \$60.00

**Green Science hand renewing treatment**

Powerful plant ingredients visibly renew & repair aging skin, to keep your hands looking young. Achieve maximum exfoliation without irritation with our Perfecting Plant Peel to diminish the appearance of sun damage & spots.  
 hand renewing treatment(45mins.) \$55.00

**SPA information**

- Our goal is that you completely enjoy your time with us. The following tips will help you make the most of your time at our spa.
- Upon scheduling an appointment, we require a credit card to reserve your time. We understand that sometimes you may need to change your schedule. We kindly ask that you give us 24 hours notice if you must cancel. If no notice is given, a 100% cancellation fee may be charged to your credit card.
- Please arrive at least 15 minutes prior to your scheduled time to allow for a spa tour, changing into spa attire, consultation and to enjoy comforting tea, as you settle in to relax. Please inform us of any special needs, allergies or sensitivities that you may have, so that we may accommodate you.
- Your privacy & comfort are important to us. Spa treatments require various levels of undress & our therapists are trained in appropriate methods of draping. Please feel free to ask any questions, to ensure your own comfort level.
- Due to the nature & environment of our spa, only guests (18yrs.+ ) receiving treatment are permitted to enter the spa areas. No children please. Teens (13-17yrs.) allowed with parental consent.
- Please call us to arrange your next 'Spa Party' or group booking.
- Gift Cards are available in any amount, and must be used within 1 year of purchase.

**Outer Peace acne treatment**

A total solution, personalized for your skin, that will treat the acne symptoms as well as the causes, so your skin stays clear. With special focus on skin exfoliation & visible redness reduction, we will help soothe and improve your skins appearance. We offer this for teens, age 13-17, with parental consent.  
 - We recommend a series of 3 weekly or bi-monthly treatments.  
 60 min. treatment.....\$70.00  
 90 min. treatment.....\$90.00

**for B O D Y**

**body polish** (75 mins.)

A total body exfoliation customized with your choice of AVEDA aroma along with warm towels, massage and moisture replenishment. This is an ideal choice for skin in need of special attention. \$90.00

**aroma body wrap** (75 mins.)

We will customize your wrap to compliment your skin type and need, including choice of essential aroma & formulated body care, as we wrap you in warm sheets and blankets for total relaxation. This service is completed with a stress relieving scalp and foot massage. \$90.00

**caribbean therapy body treatment** (90 mins.)

Rejuvenating & nurturing, this treatment uses healing touch & plant ingredients of the Caribbean to create inner calm renewing body & senses. We begin with exfoliation, followed by a warm seaweed masque to smooth and detoxify. A restorative scalp, face & body massage completes this island inspired experience. \$100.00

**WAXING**

Our relaxing waxing rituals provide effective hair removal while ensuring maximum comfort. Using two different types of wax allows us to customize for the area of hair removal. Make sure to let us know if you're using doctor-prescribed skin care products or taking any medications, so we can check for contraindications.

- small area(lip, chin, brow).....\$10-25.00
- medium area(bikini, arm).....\$40-45.00
- large area(leg, back).....\$45-60.00

**MASSAGE**

**elemental nature massage**

We will personalize your experience based upon the Aveda elemental nature philosophy and your favorite Aveda aromas. Massage techniques will be recommended by your therapist to de-stress & ensure total care.  
 30 minutes.....\$50.00  
 60 minutes.....\$75.00  
 90 minutes.....\$90.00

**Chakra Balancing massage**

Our innovative spa ritual, is steeped in the tradition of Ayurveda, the ancient healing art of India. Merging deep tissue massage of the back and spinal muscles, reflexology for the feet, with guided meditation, using our 'Chakra blend' aromas to open & balance your chakras, which are the energy centers of the body. The benefits are: stress relief, decreased muscular tension & increased energy.  
 60 minutes.....\$80.00  
 90 minutes.....\$110.00

**hot stone therapy**

Just imagine the warmth of smooth stones, placed 'oh so perfectly' upon your body, as they help your muscles unwind and relax. This massage is the ultimate stress relieving treat!  
 90 minutes.....\$130.00

**elemental nature maternity massage**

This highly specialized, face-up and side-lying massage will provide relaxation & help balance the altered biomechanics of pregnancy. Your favorite Aveda aromas may be used to personalize this wellness massage.  
 30 minutes.....\$60.00  
 60 minutes.....\$80.00  
 90 minutes.....\$100.00

**foot reflexology** This ancient foot therapy, relaxes your entire body by focusing attention to specific, health promoting pressure points, that correspond to different areas of the body.  
 30 minutes.....\$55.00



**FIND YOUR BALANCE WITH OUR CHAKRA™ BALANCING MASSAGE  
 INSPIRED BY AYURVEDA, THE ANCIENT HEALING ART OF INDIA**

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